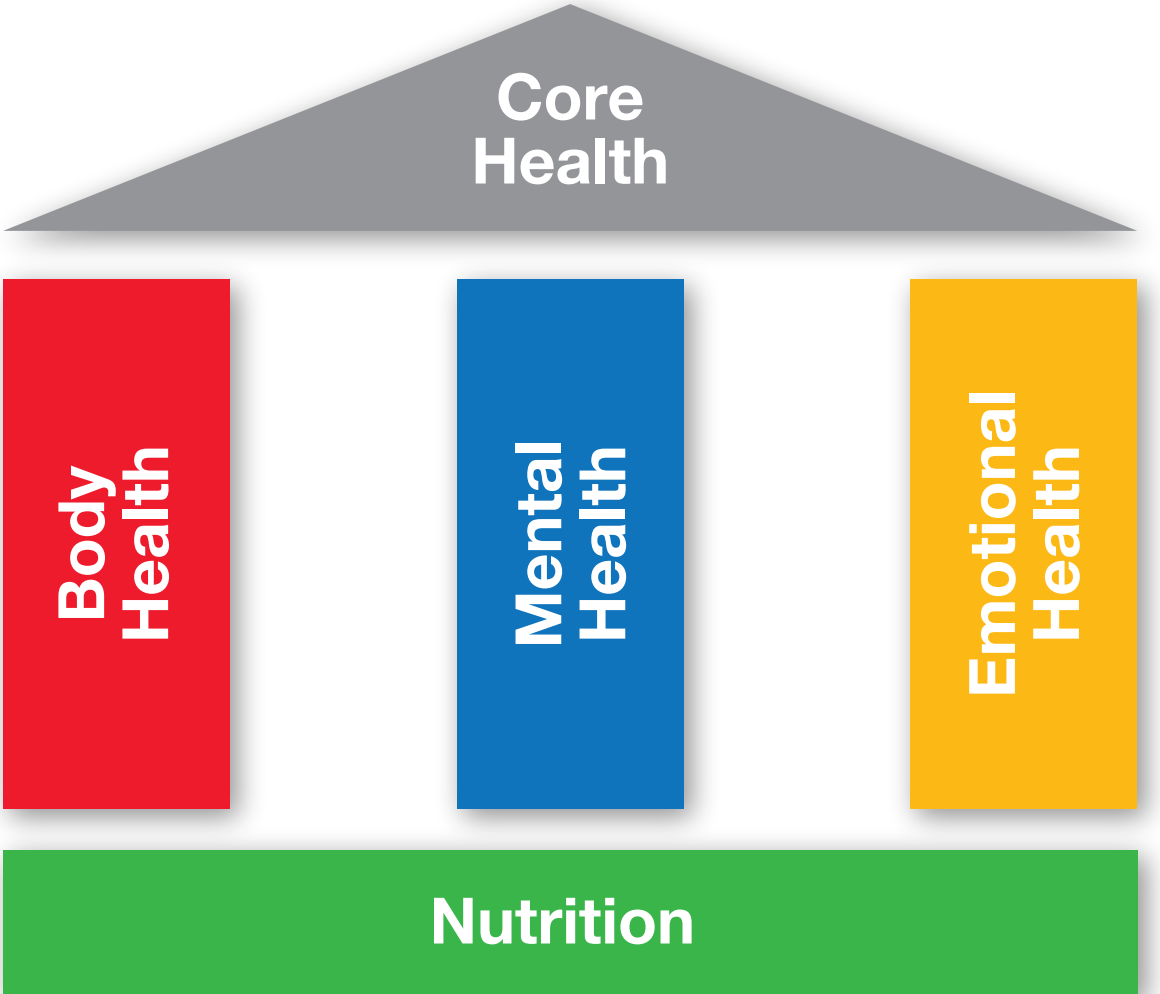
Core Health
Body Health
Mental Health
Emotional Health
Nutrition